

# SLICE OF PIE

Newsletter of Pietruck Therapy Services



## IT'S MENTAL HEALTH AWARENESS MONTH

Join us in celebrating Mental Health Awareness month this May! At PTS, we strive to reduce stigma, promote overall well-being, and raise awareness about mental health. Our mental health is important and should always be put first. Remember, you don't have to face this journey alone. If you're in need of assistance, don't hesitate to reach out and talk to someone whether it be a friend, family, or professional. Together, let's prioritize self-care, foster understanding, and create a compassionate community where mental health matters.

## STAFF HIGHLIGHT

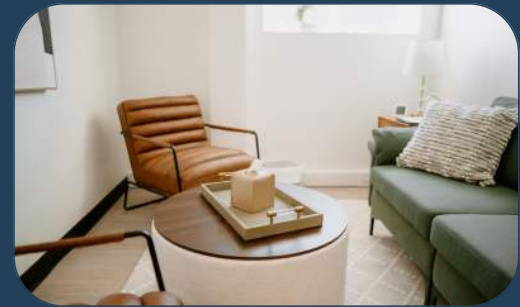
### CLINICAL LEADS

We are excited to share that we now officially have THREE clinical leads on our team! Rachael, Michelle, and Sarah have all been with PTS since 2019. They will all continue to be clinical therapists and continue to supervise limited license professionals who practice at PTS. However, they will now also begin to clinically support all of our growing staff as needed, onboard and train new clinicians, complete internal audits, and update our standard operating procedures manuals. This is a big shift for PTS, and we are already appreciating the extra support and all of the hard work each of them do! BIG congratulations are in order!



## JOIN OUR TEAM

We are looking for talented psychotherapists to join our team - please send any you may know of our way. Full time positions are available. Please visit the opportunities tab on our website for specifics.



## PTS MERCH

Check out our website to purchase t-shirts, sweatshirts, water bottles, speakers, and more! Simply go to [pietrucktherapyservices.org](http://pietrucktherapyservices.org) and locate the Merchandise tab on the far top right corner!

## YOGA AT THE BIG HOUSE

Join us at the Big House this August for their annual celebration, bringing together over 1,000 community members to normalize conversations about mental health and suicide and to speak openly with those most affected. This is an awesome mental health event right here in our community at a great venue.



## CONNECT WITH US

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